

UK PARTNER EDUCATION ABROAD PROGRAMS, CONT'D.

South Africa - Community Health and Social Policy (SIT)

Durban, South Africa

Language Req: None

Class Standing: Sophomore & Above

Minimum GPA: 2.5

Terms Offered: Fall, Spring

Students participating in this program will complete five courses: Approaches to Community Health in South Africa, Practice & Provision of Community Health, isiZulu language, Community Health Research Methods, and an independent study course to be supervised by local faculty.

Chinese Studies and Service Learning (CET)

Beijing, China

Language Req: None

Class Standing: Undergraduates Only

Minimum GPA: 3.0

Terms Offered: Fall, Spring, Summer II

This program combines the study of Chinese culture & language, a chosen elective (psychology, environmental science, political science), and an optional internship offering a wide variety of placements, including Guang'anmen Traditional Chinese Medicine Hospital, Beijing Handicapped Rehabilitation Center, Magic Hospital for Children, and more.

University of Belgrano - Intensive Spanish Language and Electives (Sol)

Buenos Aires, Argentina

Language Req: Varies

Class Standing: Any

Minimum GPA: 2.0

Terms Offered: Year, Fall, Spring, Summer

Students on this program have the option of intensive language study and courses with locals in food technology, nutrition, biology, chemistry, advocacy, and more.

Are there other programs?

Yes! This advising guide is a good place to start, but you should also visit the UK Education Abroad website to learn about many other exciting opportunities to study, intern, or volunteer abroad.

If you don't see your ideal program listed on the UK education Abroad website, please contact an Education Abroad Adviser to learn more about UK External Education Abroad Programs and how to apply.



Certificate of Global Studies

Document your preparedness to live and work in a global community with the Certificate of Global Studies.

For more information, please visit uky.edu/EGE/Certificates/Global/

Are you concerned about how to transfer credits from courses taken abroad?

Our department collaborates with the Education Abroad office in order to assure pre-departure approval of course equivalencies and course bypass examination eligibility.

Courses taken at an institution other than the University of Kentucky should be evaluated by the appropriate UK department prior to the student's registration in that course to determine equivalencies and whether or not the department will accept that course in fulfillment of program requirements.

Meet with your advisor early on in the planning process in order to discuss the proper procedure.



EDUCATION ABROAD PROGRAMS IN DIETETICS AND HUMAN NUTRITION

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Education Abroad at the University of Kentucky

EA at UK



UK is a member of ISEP, an international network of more than 300 universities in 50+ countries. ISEP offers affordable exchange and direct programs for a variety of academic majors.

Education Abroad Programs for Students of Dietetics and Human Nutrition

UK Education Abroad offers a variety of programs that allow you to study Dietetics and Human Nutrition in an international setting. Immerse yourself in another culture, expand your knowledge, and explore what the world has to offer with any one of the exciting opportunities available to you!

Why study abroad?

Education abroad can help you...

- Experience Dietetics and Human Nutrition first-hand
- Globalize your world view
- Expand your intercultural understanding and problem-solving skills
- Prepare to work in an increasingly diverse and international workplace
- Gain new insight into the world and yourself
- Increase your language skills

As a student of Dietetics and Human Nutrition, one of the best ways to increase your knowledge is to immerse yourself in various cultures and diverse environments. There is no substitute for the experience that a semester, year, summer, or winter abroad will give you.

Do I have to speak a foreign language to study abroad?

Absolutely not. There are plenty of programs in English-speaking countries. Furthermore, students can find classes taught in English in practically every country. Of course, there are also plenty of excellent programs for students who prefer to study in a foreign language.

Where can I study abroad?

There are many opportunities to study all over the world! From the metropolitan buzz of London to the tropical landscape of Costa Rica, UK offers a wide array of programs that allow students to study in all parts of the globe.

How can I afford to study abroad?

The Education Abroad office offers scholarships for students interested in studying abroad. These scholarships range from \$750-\$1,500. Stop by one of the information sessions on scholarships or visit the Education Abroad website for more information.

Additionally, most UK financial aid applies towards the cost of studying abroad! Check with your financial aid advisor for more information.

Finally, please note that there are several education abroad programs that are comparable to the cost of attending UK. So, with a little bit of planning, if you can afford to attend UK, you can afford to study abroad.

What are my next steps?

Attend a First Step Session.

Find out what you can study abroad and where, and ask questions about the application process, financial aid and scholarships, etc. First Step Sessions are held on Mondays and Tuesdays from 4-5p.m. and Wednesdays and Thursdays from 3-4p.m. in 207 Bradley Hall.

Explore the programs available.

Search online or visit the Education Abroad Resource Center in 315 Bradley Hall.

Talk to an Education Abroad advisor.

Each UK Education Abroad advisor has expertise in specific majors and geographic regions. Check the website and make an appointment with the advisor who is an expert on the programs in which you are interested.

PROGRAM TYPES

UK Sponsored

These offerings include those programs facilitated by UK faculty and staff that have been vetted and approved by Education Abroad or select customized programs offered in conjunction with Education Abroad. These programs are typically completed during the summer or winter Intersession. UK students pay regular UK tuition and fees and earn UK credits.

UK Exchange

These offerings include university-wide or departmental exchanges and select ISEP Exchange programs. Students pay UK tuition and fees and earn transfer credit while abroad.

UK Consortia

These offerings include select KIIS, CCSA and other consortium-based programs for which UK is a voting member. Tuition and fees are paid directly to the program provider and students earn transfer credit.

UK Direct

These offerings include select programs hosted by an international institution in which students enroll directly or facilitated through ISEP-Direct. Students earn transfer credit.

UK Partner

These offerings include select third-party provider programs and other internship/service-learning based programs, for which students earn transfer credit.

UK SPONSORED EDUCATION ABROAD PROGRAMS

The Italian Table: An Exploration of the Heritage of Sustainable Food and Cultural Diversity

Multiple Locations, Italy
Language Req: None
Class Standing: Undergraduates Only
Minimum GPA: 2.5
Terms Offered: Summer

This eighteen day education and discovery program focuses on understanding the relationship between food and community health by following the Italian food chain from farm to table, while experiencing the diversity of old world history and culture in both rural (Tuscany and Emilia-Romagna) and urban (Florence and Rome) areas of Italy. Students will enroll in DHN 300: The Italian Table

Keys to Well-Being: Lessons From the World's Longest Lived People Athens, Greece; Ikaria, Greece

Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.0
Terms Offered: Summer

Through this course, students will learn how well-being, health and longevity stems from lifestyle and choices made along the life course. The Greek island of Ikaria was selected as the destination for this course because it is one of five areas designated as a "Blue Zone", which is a place where people reach age 100 at rates up to 10 times greater than in the United States. Students will enroll in FAM 475/HES 300: Keys to Well-Being: Lessons From the World's Longest Lived People.

Note: UK Sponsored Program offerings are subject to change at any time. This MAP reflects those programs anticipated for 2015-2016.

Students should refer to www.uky.edu/ea for the most up to date information on program availability.

How do I choose the education abroad program that is right for me?

Look through the information in this advising guide for an overview of the programs available to UK students. You can also find more detailed descriptions online. To get started, it is important to consider the type of program you would like to attend, descriptions of which are outlined above. Consider the following important questions.

When can I study abroad?

- You can study abroad for an entire academic year, during the Fall or Spring semesters, Winter Intersession or over the Summer.

Where will I live?

- Most programs provide accommodation for students in residence halls and foreign student dormitories. Some programs, particularly ones that focus on language immersion provide the option of living with a local family.

Will I earn credits while abroad?

- Yes! Earn credit towards your major abroad, or get some electives out of the way. Please check with your Director of Undergraduate Studies to make sure specific courses will count towards your major.

How much does it cost?

- Programs vary in cost depending on the program type, duration, and provider. Please be sure to familiarize yourself with the costs of the programs you are considering.

UK EXCHANGE EDUCATION ABROAD PROGRAMS

Universidad San Francisco de Quito Quito, Ecuador

Language Req: Intermediate
Class Standing: Sophomore & Above
Minimum GPA: 2.5
Terms Offered: Year, Fall, Spring

Students have access to courses such as Intro to Human Nutrition, Nutritional Epidemiology, Nutrition Community Education, Nutrition for Public Health, and more.

Charles Sturt University Wagga Wagga, Australia

Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.0
Terms Offered: Year, Fall, Spring

Charles Sturt offers courses such as Nutritional Physiology, Nutrition, Metabolism & Human Disease, Food Processing, Food & Health, Understanding Healthy Communities, and more.

Chung-ang University Seoul, South Korea

Language Req: None
Class Standing: Undergraduates Only
Minimum GPA: 2.0
Terms Offered: Year, Fall, Spring

Available courses include Nutrition, Cookery Science, Food Service Management, Food Microbiology, Food Safety, Functional Food, and more.

University of Central Lancashire Preston, England

Language Req: None
Class Standing: Undergraduates Only
Minimum GPA: 2.5
Terms Offered: Year, Fall, Spring

This program offers courses such as Introduction to Nutrition, Human Physiological Systems, Nutrition for Life, Food Processing and Preservation, Nutrition-Related Disease, and more.

UK CONSORTIA EDUCATION ABROAD PROGRAMS



Check out other programs offered by the Kentucky Institute for International Studies (KIIS) and Cooperative Center for Study Abroad (CCSA) at www.uky.edu/ea, or in the EA Resource Center in Bradley 315.

UK DIRECT EDUCATION ABROAD PROGRAMS

Massey University - Auckland (ISEP Direct) Auckland, New Zealand

Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.75
Terms Offered: Year, Fall, Spring

Massey University offers international students access to courses such as Food Chemistry for Nutrition, Nutrition & Metabolism, Nutrition for Sport & Performance, Adult Nutrition & Positive Aging, and more.

University of Ghana (ISEP Direct) Legon, Ghana

Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.75
Terms Offered: Year, Fall, Spring

This program offers courses such as Nutrients & their Metabolism, Food Analysis, Nutritional Physiology, Intermediary Metabolism, Enzymology, and more.

University of Savoie (ISEP Direct) Chambéry, France

Language Req: Varied
Class Standing: Sophomore & Above
Minimum GPA: 2.75
Terms Offered: Year, Fall, Spring, Summer II

With this program, students can take courses such as Public Health Systems, Health Communication, Sociology of Health, and more.

Worried that studying abroad will delay your graduation?

It doesn't have to! DHN majors often fear that they can't complete an education abroad program and still graduate in 4 years.

If you are interested in completing an education abroad program, speak with your advisor as soon as possible. The earlier you plan, the easier it will be to incorporate an education abroad program into your degree plan.

When should I study abroad?

Most UK students study abroad during their sophomore or junior years. However, there are programs available for freshmen and senior students as well.

Another important decision to make is what time of year to study abroad. Programs are available for the academic year, the Fall and Spring semesters, Winter Intersession, and the Summer sessions. It is also possible to take a spring-embedded course, which is a class taught at UK with an international component during spring break or early summer.

Because many foreign institutions follow different academic calendars, it is important for students to consider the specific dates of the program far in advance. For example, many fall semester programs in the Southern Hemisphere may run from July to November and from February to June during the American spring semester.

Similarly, it may be difficult for students to study at some European institutions for the fall semester. Final exams may be scheduled in early January, and many programs do not make allowances for US students. Please be sure you consider this issue in advance.

Many students choose to study abroad during the Summer or Winter sessions. There are two summer sessions available: Summer I and Summer II. Summer I programs typically occur during May and early June, while Summer II programs tend to start late in the summer and end in late July or early August. The Winter Intersession occurs between the fall and spring semesters.

UK PARTNER EDUCATION ABROAD PROGRAMS

Celtic Blue: National University of Ireland - Galway (Arcadia)- Galway, Ireland

Language Req: None
Class Standing: Undergraduates Only
Minimum GPA: 3.0
Terms Offered: Year, Fall, Spring

This Celtic Blue program offers courses such as Human Anatomy, Human Nutrition, Organic Chemistry, Nerve & Muscle Physiology, Drug Design & Discovery, Endocrinology, and more.

Intern - Australia Summer Intern Program (Education Abroad Network) Sydney, Australia

Language Req: None
Class Standing: Junior & Senior
Minimum GPA: 2.8
Terms Offered: Summer I & II

This program offers a wide variety of internship placements including sports medicine/nutrition, physical therapy, and healthcare.

Education in a Multicultural Context—Menendez Pelayo International University

Seville, Spain
Language Req: Varies
Class Standing: Any
Minimum GPA: 2.5
Terms Offered: Year, Fall, Spring

This program offers multiple levels of Spanish language courses, as well as courses such as Anatomy & Physiology, Food Science & Nutrition, Health Services Management, and more in English.



ISA Service Learning (ISA) Multiple Locations Available in Costa Rica, Dominican Republic, Peru, India & Chile

Language Req: Varies
Class Standing: Any
Minimum GPA: 2.5
Terms Offered: Fall, Spring, Summer

Placements are available for dietetics/human nutrition students in settings such as community outreach centers, public health organizations, and more.

Semester in Cyprus—University of Nicosia (Global Semesters) Nicosia, Cyprus

Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.5
Terms Offered: Fall, Spring

Students on this program have access to courses such as Principles of Nutritional Biochemistry, Nutritional Behavioral Management, Nutritional Assessment, Nutritional Toxicology and more.

Florence University of the Arts (SAI) Florence, Italy

Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.75
Terms Offered: Fall, Spring

This program offers courses such as The Food of Italy, Mediterranean Diet, The Science of Food, Health & Wellbeing, Sustainable Food, and the opportunity for a food/wine industry internship.