**ENGAGEMENT OPPORTUNITIES**


**Lead. Advocate. Serve.**

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**STUDENT DIETETIC AND NUTRITION ASSOCIATION (SDNA)**
An organization for students focused on nutrition-related service in addition to hearing from experts in the food, nutrition, and health professions. Contact Yolanda Jackson at yolanda.jackson@uky.edu.

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**THE CAMPUS KITCHEN AT THE UNIVERSITY OF KENTUCKY (CKUK)**
An on-campus, student service organization that provides a sustainable solution to reducing food waste while serving healthy meals to the Lexington and UK community. Volunteers pickup unused, quality food and use donated kitchen space to prepare healthy meals in addition to providing education opportunities such as cooking classes. No experience needed! Contact CKUK at campuskitchenatuk@gmail.com to get involved.

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**GIRLS ON THE RUN**
Inspires girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running, envisioning a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams. Coaches help teach the curriculum at weekly practice(s) while Running Buddies attend practice(s) and run/walk with 3rd - 8th graders at each lesson. This 10-week season begins the week of September 9th and ends with a 5K on November 23rd at Keeneland (20 sessions). Contact Kendra Oo at kendracan@uky.edu.

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**THE LEXINGTON NUTRITION CLINIC AT THE SALVATION ARMY**
The clinic is held twice a month at the Salvation Army where student volunteers serve as interviewers in the presence of a registered dietitian or physician. Undergraduate dietetics students will shadow the dietitian or physician to learn about nutritional counseling for the under-served and homeless population. Students will learn more about various barriers this population faces and how nutritional plans are modified. Contact Kendra Oo at kendracan@uky.edu.

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**CHAARG**
An organization that ignites a passion in college-age girls for health and fitness. They emphasize that fitness can, and should, be fun! Contact ukchaarg@gmail.com.

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**CENTER FOR COMMUNITY OUTREACH**
Home to various issue-related service programs such as UK Alternative Spring Breaks, Beyond the Blue, DanceBlue, FUSION, UK Service Corps. Learn more at www.ukcco.org.

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**SPOON U**
An online food publication created by students for students about food, restaurants, and everything in between. Meet the team and contact Lexi at shep_1212@uky.edu.
**Samaritan’s Touch**
A student-run physical therapy clinic that works with an under-served population of patients, many of whom may not have access to other forms of healthcare, do not have insurance, and/or may speak little to no English. It is supervised by two licensed physical therapists every Tuesday and Thursday. Students can volunteer, observe, and learn about physical therapy practices in a unique setting. Contact Kendra Oo at kendracan@uky.edu.

**Big Blue Pantry**
Serves non-perishable food to all UK students. Located in White Hall rooms 23-25. To receive food or volunteer, contact the Big Blue Pantry at bigbluepantry@ukcco.org.

**The Refuge Clinic**
A non-profit that provides a comprehensive primary medical care, oral surgery, physical therapy, diabetes education, nutrition counseling, gynecological care, psychiatric care, and counseling to both the uninsured and underinsured population in the community. Volunteers will need to submit an online volunteer application. Learn more at http://www.refugeclinic.org/volunteers/.

**Seedleaf**
Increases the amount, affordability, nutritional value, and sustainability of food available to people at risk of hunger. Programs include Composting, Gardening, Cooking, and SEEDS (Service, Education and Entrepreneurship in Downtown). Learn more about current volunteer opportunities at http://www.seedleaf.org/volunteer/.

**Kentucky Academy of Nutrition and Dietetics (KAND)**
As an affiliate of the Academy of Nutrition and Dietetics, KAND is the largest organization of food and nutrition professionals in Kentucky and serves the public through the promotion of optimal nutrition and health. Serve on a committee such as: Public Policy, Social Media, Website, or the 5K. Contact Karina Christopher at Karina.Christopher@eku.edu.

**Bluegrass Academy of Nutrition and Dietetics**
The local affiliate of the Academy of Nutrition and Dietetics that promotes optimal health and nutrition for all people and provides direction and leadership for quality dietetic practice, education and research. Connect and network with other students and nutrition-related professionals. Learn more at http://www.bluegrassseatright.org/.

**Universities Fighting World Hunger at the University of Kentucky (UFWH-UK)**
Supports on-campus hunger-related initiatives and organizations by facilitating communication and providing resources to develop and implement strategies to end hunger. Help us plan the Universities Fighting World Hunger 2020 Summit which will be hosted by the University of Kentucky on March 19-20, 2020. Attend a meeting in 207 Funkhouser. Contact UFWH-UK at ufwh.uk@gmail.com for more information.

**Interested in any opportunities listed above? Want to learn more about upcoming opportunities?**

- Contact Kendra Oo at kendracan@uky.edu and share your name, major and year, future plans, expectations, and availability.
- Get involved in additional organizations by signing up at www.volunteermatch.org.