Students participating in this program will complete five courses: Community Health in South Africa, Practice & Provision of Community Health, isiZulu language, Community Health Research Methods, and an independent study course to be supervised by local faculty.

This program combines the study of Chinese culture & language, a chosen elective (psychology, environmental science, political science), and an optional internship offering a wide variety of placements, including Guang’anmen Traditional Chinese Medicine Hospital, Beijing Handicapped Rehabilitation Center, Magic Hospital for Children, and more.

Students on this program have the option of intensive language study and courses with locals in food technology, nutrition, biology, chemistry, advocacy, and more.

Are there other programs?
Yes! This advising guide is a good place to start, but you should also visit the UK Education Abroad website to learn about many other exciting opportunities to study, intern, or volunteer abroad. If you don’t see your ideal program listed on the UK education Abroad website, please contact an Education Abroad Adviser to learn more about UK External Education Abroad Programs and how to apply.

Certificate of Global Studies
Document your preparedness to live and work in a global community with the Certificate of Global Studies.

For more information, please visit uky.edu/EGE/Certificates/Global/

Education Abroad Programs in Dietetics and Human Nutrition

UK Education Abroad offers a variety of programs that allow you to study Dietetics and Human Nutrition in an international setting. Immense yourself in another culture, expand your knowledge, and explore what the world has to offer with any one of the exciting opportunities available to you!

Why study abroad?
Education abroad can help you…

- Experience Dietetics and Human Nutrition first-hand
- Globalize your world view
- Expand your intercultural understanding and problem-solving skills
- Prepare to work in an increasingly diverse and international workplace
- Gain new insight into the world and yourself
- Increase your language skills

As a student of Dietetics and Human Nutrition, one of the best ways to increase your knowledge is to immerse yourself in various cultures and diverse environments. There is no substitute for the experience that a semester, year, summer, or winter abroad will give you.

Do I have to speak a foreign language to study abroad?
Absolutely not. There are plenty of programs in English-speaking countries. Furthermore, students can find classes taught in English in practically every country. Of course, there are also plenty of excellent programs for students who prefer to study in a foreign language.

Where can I study abroad?
There are many opportunities to study all over the world! From the metropolitan buzz of London to the tropical landscape of Costa Rica, UK offers a wide array of programs that allow students to study in all parts of the globe.

How can I afford to study abroad?
The Education Abroad office offers scholarships for students interested in studying abroad. These scholarships range from $750-$1,500. Stop by one of the information sessions on scholarships or visit the Education Abroad website for more information.

Additionally, most UK financial aid applies towards the cost of studying abroad! Check with your financial aid advisor for more information.

Finally, please note that there are several education abroad programs that are comparable to the cost of attending UK. So, with a little bit of planning, if you can afford to attend UK, you can afford to study abroad.

What are my next steps?
Attend a First Step Session.
Find out what you can study abroad and where, and ask questions about the application process, financial aid and scholarships, etc. First Step Sessions are held on Mondays and Tuesdays from 4-5p.m. and Wednesdays and Thursdays from 3-4p.m. in 207 Bradley Hall.

Explore the programs available.
Search online or visit the Education Abroad Resource Center in 315 Bradley Hall.

Talk to an Education Abroad advisor.
Each UK Education Abroad advisor has expertise in specific majors and geographic regions. Check the website and make an appointment with the advisor who is an expert on the programs in which you are interested.
**UK SPONSORED EXCHANGE ABROAD PROGRAMS**

The Italian Table: An Exploration of the Heritage of Sustainable Food and Cultural Diversity

- **Multiple Locations, Italy**
  - Language Req: None
  - Class Standing: Undergraduates Only
  - Minimum GPA: 2.5
  - Terms Offered: Summer

This eighteen day education and discovery program focuses on understanding the relationship between food and community health by following the Italian food chain from farm to table, while experiencing the diversity of old world history and culture in both rural (Tuscania and Emilia-Romagna) and urban (Florence and Rome) areas of Italy. Students will enroll in DHIN 200: The Italian Table.

Additional Dietetics/Human Nutrition faculty-directed programs are currently being developed. Visit www.uky.edu/eau for more information as it becomes available.

**Scholarships**

Numerous scholarships are available for students interested in completing an education abroad program. A couple are featured below, but students are encouraged to visit the EA website and to consult with their department to explore more opportunities.

**UK Education Abroad Scholarship**

This scholarship is available for students of any major or discipline participating in an academic year, semester, or summer program in any country. Awards range from $750-$1,500. Deadlines: October 1st for Spring programs, and March 1st for Fall and Summer programs.

**UK SPONSORED ABROAD PROGRAMS**

**UK Exchange**

These offerings include university-wide or departmental exchange and selected ISEP Exchange programs. Students pay UK tuition and fees and earn transfer credit while abroad.

**UK Consortium**

These offerings include select KISI, CCISA and other consortium-based programs for which UK is a voting member. Tuition and fees are paid directly to the program provider and students earn transfer credit.

**UK Direct**

These offerings include select programs hosted by an international institution in which students enroll directly or facilitated through ISEP-Direct. Students earn transfer credit.

**UK Partner**

These offerings include select third-party provider programs and other internship/service-learning based programs, for which students earn transfer credit.

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**UK EXCHANGE EDUCATION ABROAD PROGRAMS**

**Universidad San Francisco de Quito**

Language Req: Intermediate

- Class Standing: Sophomore & Above
- Minimum GPA: 2.3
- Terms Offered: Year, Fall, Spring

Students have access to courses such as Intro to Human Nutrition, Nutritional Epidemiology, Nutrition Community Education, Nutrition for Public Health, and more.

**Chung-ang University**

Language Req: None

- Class Standing: Undergraduates Only
- Minimum GPA: 2.0
- Terms Offered: Year, Fall, Spring

Available courses include Nutrition, Cooking Science, Food Service Management, Food Microbiology, Food Safety, Functional Food, and more.

**Charles Sturt University**

Language Req: None

- Class Standing: Sophomore & Above
- Minimum GPA: 2.5
- Terms Offered: Year, Fall, Spring

This program offers courses such as Nutrition Physiology, Nutrition, Metabolism & Human Disease, Food Processing, Food & Health, Understanding Healthy Communities, and more.

**University of Central Lancashire**

Language Req: None

- Class Standing: Undergraduates Only
- Minimum GPA: 2.5
- Terms Offered: Year, Fall, Spring

This program offers courses such as Introduction to Nutrition, Human Physiological Systems, Nutrition for Life, Food Processing and Preservation, Nutrition-Related Disease, and more.

**UK CONSORTIA EDUCATION ABROAD PROGRAMS**

**Massey University - Auckland (ISEP Direct)**

Language Req: None

- Class Standing: Sophomore & Above
- Minimum GPA: 2.75
- Terms Offered: Year, Fall, Spring

Massey University offers international students access to courses such as Food Chemistry for Nutrition, Nutrition & Metabolism, Nutrition for Sport & Performance, Adult Nutrition & Positive Aging, and more.

**University of Ghana (ISEP Direct)**

Language Req: None

- Class Standing: Sophomore & Above
- Minimum GPA: 2.75
- Terms Offered: Year, Fall, Spring

This program offers courses such as Public Health Systems, Health Communication, Sociology of Health, and more.

**University of Savoie (ISEP Direct)**

Language Req: Varies

- Class Standing: Sophomore & Above
- Minimum GPA: 2.75
- Terms Offered: Year, Fall, Spring, Summer II

With this program, students can take courses such as Human Anatomy, Human Physiology, and more.

**UK DIRECT EDUCATION ABROAD PROGRAMS**

**Université de Modena e Reggio Emilia (ISEP Direct)**

Language Req: None

- Class Standing: Sophomore & Above
- Minimum GPA: 2.75
- Terms Offered: Year, Fall, Spring

This program offers courses such as Public Health Systems, Health Communication, Sociology of Health, and more.

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**When should I study abroad?**

Most UK students study abroad during their sophomore or junior years. However, there are programs available for freshmen and senior students as well.

Another important decision to make is what time of year to study abroad. Programs are available for the fall, spring, or summer semesters. Winter Interession, and the Summer sessions. It is also possible to take a spring-embedded course, which is a class taught at UK with an international component during spring break or early summer.

Because many foreign institutions follow different academic calendars, it is important for students to consider the specific dates of the program far in advance. For example, many fall semester programs in the Southern Hemisphere may run from July to November and from February to June during the American spring semester.

Similarly, it may be difficult for students to study at some European institutions for the fall semester. Final exams may be scheduled in early January, and many programs do not make allowances for US students. Please be sure you consider this issue in advance.

Many students choose to study abroad during the Summer or Winter sessions. There are two summer sessions available: Summer I and Summer II. Programs typically occur during May and early June, while Summer II programs tend to start late in the summer and end in late July or early August. The Winter Interession occurs between the fall and spring sessions.

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**UK PARTNER EDUCATION ABROAD PROGRAMS**

**ISA Service Learning (ISA)**

- Multiplicity Locations in Costa Rica, Dominican Republic, Peru, India & Chile
  - Language Req: Varies
  - Class Standing: Any
  - Minimum GPA: 2.5
  - Terms Offered: Fall, Spring, Summer

Placements are available for dietetics/human nutrition students in settings such as community outreach centers, public health organizations, and more.

Semester in Cyprus—University of Nicosia (Global/semester)

- Language Req: None
  - Class Standing: Sophomore & Above
  - Minimum GPA: 2.5
  - Terms Offered: Fall, Spring

Students on this program have access to courses such as Principles of Nutritional Science, Nutritional Behavioral Assessment, Nutritional Assessment, Nutritional Toxicology and more.

**Florence University of the Arts (SIA)**

- Florence, Italy
  - Language Req: None
  - Class Standing: Sophomore & Above
  - Minimum GPA: 2.75
  - Terms Offered: Spring

This program offers courses such as The Food of Italy, Mediterranean Diet, The Science of Food, Health & Wellbeing, Sustainable Food, and the opportunity for a food/wine industry internship.

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**Worried that studying abroad will delay your graduation?**

It doesn't have to! DHIN majors often fear that they cannot complete an education abroad program and still graduate in 4 years. If you are interested in completing an education abroad program, speak with your advisor as soon as possible. The earlier you plan, the easier it will be to incorporate an education abroad program into your degree plan.

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