



DIETETICS & HUMAN NUTRITION UNIVERSITY OF KENTUCKY

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Department of Dietetics and Human Nutrition Newsletter

September 2015

Study Abroad Opportunities

The University of Kentucky has many opportunities to study abroad, so take advantage of these wonderful experiences!



[UK Education Abroad](#) is hosting their annual [Education Abroad Fair](#) on Thursday, September 17, from 10 AM to 2 PM in the [Buell Armory](#).

This major event is designed to encourage students to explore opportunities for studying abroad. It's also a perfect chance to learn about our many UK faculty-directed and exchange programs, get comprehensive information on scholarships, explore the array of international internship and research opportunities, and chat with students who've already studied abroad.

The fair will feature representatives from UK's various colleges highlighting programs tailored to their students, and additional UK partner organizations will also be on hand promoting special initiative programs such as Bluegrass Down Under, Global Design, and Celtic Blue.

Stop by, eat some snacks, grab some giveaways, and you'll be one step closer to Seeing Blue Abroad!

IMPORTANT DATES

September 2015

- **September 16** - Wednesday - Last day to drop a course without it appearing on transcript
- **September 23** - Wednesday - Last day to officially withdraw from the University or reduce course load and receive a 50 percent refund

October 2015

- **October 19** - Monday - Midterm

November 2015

- **November 2-24** - Monday through Tuesday - Priority registration for the 2016 Spring Semester
- **November 13** - Friday - Last day to withdraw from the University or reduce course load. Students can withdraw or reduce course load after this date only for "urgent non-academic reasons."
- **November 25-28** - Wednesday through Saturday - Thanksgiving - Academic Holidays
- **November 30** - Monday - Last day for filing an application for a May 2016 undergraduate degree online in myUK

Expand Your Education Overseas & Study Abroad

UK Education Abroad offers a variety of programs that allow you to study [Dietetics and Human Nutrition in an international setting](#). Immerse yourself in another culture, expand your knowledge and explore what the world has to offer with any one of the exciting opportunities available to you.

Our DHN faculty-led opportunities include studying abroad in Ghana, Australia, and Italy.

Explore: Ghana

Chocolate, Farming & Fabric

Discover the food, farming, and entrepreneurial activities in a developing country and understand how hunger, agriculture and gender disparities impact the lives of families!

- Travel to remote villages to see a women's fabric cooperative, orphanage and school feeding program.
- Trip Dates: May – June 2017; 2019
- For more information, Contact: [Dr. Janet Mullins](#)



Explore: Australia

Immerse yourself in the culture while completing a community development project in Melbourne. Travel to the outback!

- Trip Dates: January 2017; 2018
- For more information, Contact: [Dr. Sandra Bastin](#)



Explore: Italy

The Italian Table: An Exploration of the Heritage of Sustainable Food and Cultural Diversity

Join your fellow dietetics and human nutrition students to learn about sustainable agriculture in Italy!

- Trip Dates: May – June 2016; 2018



The Italian Table:

An Exploration of the Heritage of Sustainable Food
and Cultural Diversity

May 18 to June 6, 2016



Cities Include:

Florence, Cinque Terre, Bologna, Parma, Pisa, Siena, Chianti, Rome, Venice, and Lucca

Program Overview:

This twenty-day education and discovery program, which will be led by Dr. Sandra Bastin, focuses on understanding the relationship between food and community health by following the Italian food chain from farm to table, while experiencing the diversity of old world history and culture in both rural (Tuscany) and urban (Florence and Rome) areas of Italy.

Food related tours and workshops will emphasize the social, cultural and environmental factors that have shaped dietary practices and nutrition patterns of the Mediterranean diet, making comparisons to our own American diets. We'll also observe innovative systems of local food production and marketing that continue to contribute to the Italian sustainable food chain. As we journey through the Renaissance city of Florence and the epic metropolis of Rome, we'll rediscover the classics of literature, history and moral philosophy that continue to shape our future. The Duomo in Florence and the Coliseum in Rome set the stage for a debate in historic, social and economic diversity.



Estimated Cost:

\$4300

Includes:

- Hotel accommodations
- Some meals, including all breakfasts, 7 lunches and 5 dinners
- Transportation to various Italian cities
- Tours of olive orchards, vineyards, landmarks
- Cooking classes, including a pizza and gelato cooking class, and Food Tours

Does not include (estimated costs)

- Tuition
- Air fare (\$1800) and passport
- Additional meals (\$300)

Scholarships:

Scholarship money is available from the School of Human Environmental Sciences (up to \$1500) and Education Abroad (up to \$1500)

Requirements:

- 5 preparatory class meetings Spring 2016
- Journaling while on trip (including photography)
- Required activities while on trip

Questions:

Contact Dr. Sandra Bastin, sandra.bastin@uky.edu or Anissa Radford, anissa.radford@uky.edu



More information can be found on the [Education Abroad Italian Table program page](#).